

Swim 4

# Léman hope



SWIM AND PUSH YOUR  
LIMITS TO SUPPORT YOUNG  
PEOPLE IN RECOVERY  
FROM CANCER



# A UNIQUE OPPORTUNITY TO ENHANCE YOUR COMPANY'S POSITIVE IMPACT

Join your team for a one-of-a-kind **team-building experience** in an extraordinary setting while supporting a noble cause. Over **50 companies** have already chosen to embark on this inspiring adventure!



Swim 4

Léman  
hope



# OUR MISSION

Since 2022, **Swim4Lémanhope** has been **raising funds** to provide young cancer survivors with transformational five-day Léman hope sailing experiences, empowering them to rebuild self-confidence through sailing.

By participating in this event, you help change a young person's life through a Léman hope sailing journey.

## Léman hope year after year



Léman  
hope

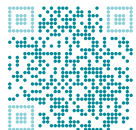


207

spots offered  
aboard Léman hope  
sailing trips since  
2020!

7'000

young people have  
been diagnosed  
with cancer  
in Switzerland and  
are now in remission  
or cured.



## LÉMAN HOPE

Every year, approximately **350 new cases of cancer in young people are recorded in Switzerland.** Despite medical advances that help more young people overcome this disease, **only 3% recover without lasting effects, and life rarely returns to its "normal" course.**

The Léman hope Foundation uses sailing as a therapeutic tool, offering young cancer survivors a unique experience to regain confidence. Over five days and four nights aboard a sailboat on Lake Geneva, they reconnect with themselves and life.

Swim4Lémanhope contributes to this solidarity effort by directly supporting this adventure.



### GUILLAUME'S STORY

*Several days after his return home, Guillaume was still mentally aboard the boat. So many emotions and wonderful memories! He kept telling us about his life on board, the stops, and anecdotes. He had rediscovered his smile.*

*Guillaume's mother*



# WHAT IS THE POSITIVE IMPACT FOR YOUR COMPANY?

- **Federate**  
Unite your team  
by combining  
solidarity and  
collaboration
- **Inspire**  
Inspire a sense  
of pride  
and belonging
- **Value**  
Enhance your com-  
pany's image as a  
socially responsible  
organization





# HOW TO PARTICIPATE?

## 1 Choose Your Challenge

Opt for one or more stages ranging from 5 km to 10 km.

## 2 Form Your Team

Bring together one or more teams of 4 to 9 swimmers within your company.

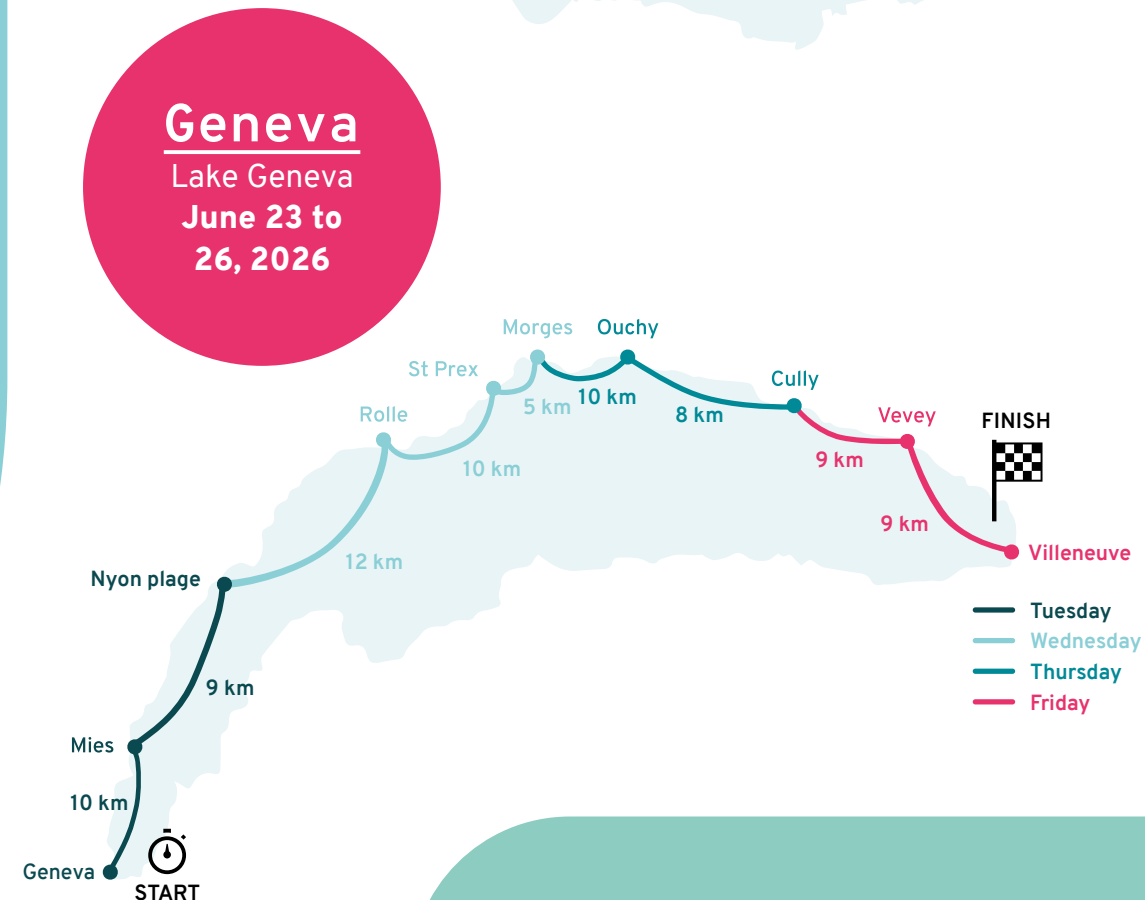
All swimming levels are welcome!

## 3 Raise Funds

Share your commitment by mobilizing your employees on our fundraising platform. Highlight your company's social engagement on social media.

## 4 Prepare for the Challenge

Strengthen team cohesion through training sessions.



# RELAY ORGANIZATION

Every swimmer, regardless of skill level, sets a personal goal: swim in the lake for the first time, complete a distance between 500 m and 3 km, or aim for their personal best.



Swimmers are equipped with visible floatation devices (provided by the event).

Each team, guided by a Léman hope skipper and a host, has its own sailboat, providing a space for rest and preparation before diving into the water.



Each swimmer is constantly accompanied by a kayaker or paddler for optimal safety.



The race management ensures the smooth running of the event and safety from their safety boat.

# CHOOSE YOUR TAILORED CHALLENGE!

## 1 Team

4 to 9 swimmers\*

Between  
**5 to 10 km**

entry fee:  
CHF 5'000.-  
tax deductible



Fundraising



## 2 Teams

8 to 18 swimmers

Between  
**14 & 20 km**

entry fee:  
CHF 9'000.-  
tax deductible



CHF 2'000.-  
Team Fundraising  
Goal



## 3 Teams

16 to 27 swimmers

Between  
**25 & 32 km**

entry fee:  
CHF 13'000.-  
tax deductible  
⚠ limited spots



CHF 3'000.-  
Team Fundraising  
Goal



DOUBLE MATCH some companies double their team's fundraising efforts, doubling the support for the children while enhancing employee engagement and reinforcing their brand image.



# INCLUDED SERVICES

Explore the services that make this event a truly **unforgettable experience** for your company and employees!



## Professional safety

Enhanced safety and individual assistance throughout the event.



## Accompanying boats

Navigate on sailboats under the guidance of Léman hope skippers and teams.

## Custom swimmer pack

Receive a high-quality microfiber towel and cap in Léman hope Foundation colors.

## Real-time swimming data

Swimmers are informed of their efforts and performance during the event.

## Onboard refreshments

Enjoy fresh fruit, salty and sweet snacks, hot and cold drinks during the relay.

## Post-event celebration

Enjoy champagne and hors d'oeuvres upon your arrival.

## Team photo


Each team receives a souvenir photo.

## Training sessions

Eight coached swimming sessions are held from April to June on Lake Geneva.

# TESTIMONIALS FROM PARTICIPATING TEAMS



 **BARCLAYS** *Sébastien Torres, Barclays Switzerland*  
75 colleagues from 8 countries  
gathered to take on this sporty and  
purpose orientated adventure.

83 KM - FROM GENEVA TO CHILLON



 **NESPRESSO** *Philipp Navratil, CEO Nestlé Nespresso*

I'm inspired by our employees  
pushing their limits and  
channeling their passion beyond  
the workplace to support  
meaningful causes

26 KM - FROM OUCHY TO CHILLON



**RDR | architectes**

*Caroline Illobre, RDR architectes*

The desire to support  
this cause allowed  
us to overcome fears  
about swimming in the  
lake for the first time.

A unique experience!

See you next year

10 KM - FROM VEVEY TO OUCHY





Watch the  
Zürich  
2025 video



Watch the  
Léman  
2025 video



# THEY TOOK ON THE CHALLENGE



# CONTACT

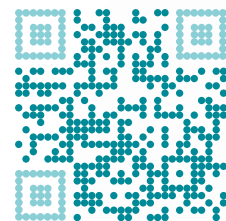
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## Fundraising Platform



—> [lemanhope.ch/swim4lemanhope](https://lemanhope.ch/swim4lemanhope)

